

Freedom through Understanding

In order to be truly free to experience life, a person would need to understand death.

Knowing what it really is – a transition from one perfect form to another. Seeing all forms of existence as being perfect for what they need to be at the time, and understanding that everything that exists now, always has, and always will.

In this manner, people can lighten up on themselves and be free to move through life with curiosity, excitement, and fearlessness. They can observe the dramas without getting caught up in them, and start to see their life as a prototype for an even greater version of themselves.